

Month	Week Number	Actual Date of delivery	Personal & Social Development L1 Curriculum Plan 2025-26
<b>Intent for start of Autumn Term (8 weeks)</b>			<b>Personal Development Skills (NOCN) (Goal Setting &amp; Motivation)</b>
September	1	3rd Sept	Inset Day
	2	10th Sept	Personal Development Skills (NOCN)
	3	17th Sept	Personal Development Skills (NOCN)
	4	24th Sept	Personal Development Skills (NOCN)
October	5	1st Oct	London Museum Docklands
	6	8th Oct	Independent learning
	7	15th Oct	Independent learning
	8	22nd Oct	Speakers for Schools workshop around goal-setting, overcoming adversity, or career journeys
<b>Half Term - (October 27th - October 31st)</b>			
<b>Intent for close of Autumn Term (7 weeks)</b>			<b>Prejudice &amp; Discrimination Awareness (NOCN) (Respect, Voice &amp; Identity)</b>
November	9	5th Nov	British Values & Democracy
	10	12th Nov	Rights and Responsibilities
	11	19th Nov	Student Ambassador Rally
	12	26th Nov	Prejudice, Discrimination & Equality Law
December	13	3rd Dec	The Role of Media / Anti Radicalisation Workshop
	14	10th Dec	Independent learning
	15	17th Dec	Independent learning
<b>Christmas Holidays (22nd December - 2nd January 2026)</b>			
<b>Intent for start of Spring Term (6 weeks)</b>			<b>Sex, Sexuality &amp; Relationships (Trust &amp; Communication)</b>
January	16	7th Jan	Healthy Relationships & Vs Unhealthy relationships & Readiness for sex & peer pressure (Tender)
	17	14th Jan	Consent & Online and Media
	18	21st Jan	Maintaining Sexual Health, CCard registrations and STI screening (Charlie LBWF)
	19	28th Jan	Sexual Harrassment, Misogyny & Impact of Pornography (VAWG)
February	20	4th Feb	LGBTQ+ inclusion
	21	11th Feb	Child Exploitation and grooming (Spark 2 Life)
<b>Half Term - (16th February - 20th February)</b>			
<b>Intent for close of Spring Term (5 weeks)</b>			<b>Understanding Stress &amp; Stress Management Techniques (Resilience &amp; Wellbeing)</b>
February	22	25th Feb	Understanding Symptoms of Stress & Anxiety

<b>March</b>	23	4th March	Knowing Possible Causes of Stress / <b>Substance Misuse (CGL)</b>
	24	11th March	National Careers Week (Traineeship Workshop)
	25	18th March	Understanding the Benefits of using relaxation as a strategy
	26	25th March	Hackney City Farm

**Easter Holidays - (30th March - 3rd April 2026)**

<b>Intent for start of Summer Term (6 weeks)</b>			<b>Careers / Future Planning (Skills &amp; Achievement)</b>
<b>April</b>	27	15th April	Independent Learning (NOCN)
	28	22nd April	Independent Learning (NOCN)
	29	29th April	Peer Pressure the impact on Mental Health (Workshop With Jason)

**Half Term - (25th May - 29th May 2026)**

<b>Intent for close of Summer Term (6 weeks)</b>			<b>Personal Money Management (Independence &amp; Preparing for life)</b>
<b>June</b>	33	3rd June	Understanding Payslips, Tax, and National Insurance
	34	10th June	Budgeting Essentials Wants vs Needs
	35	17th June	Bank of England Museum (City of London)
	36	24th June	Debt & Credit Card